

**SECTOR -BEAUTY AND WELLNESS**  
**JOB ROLE: ASSISTANT BEAUTY THERAPIST**  
**QP CODE: BWS/Q0101**  
**CLASS -9TH**

**Total No of Topics - 10**  
**Total No of Topics Deducted from four section - 02**  
**% of (Total no of topics) = 31%(It is calculated according to time)**  
**31% Reduction Of Sector as Follows - (Theory and Practicals need to drop out are highlighted in red color)**

Sl. No.	List Of Units	List of Practicals Aligned With Each Unit	Unit/Session to be reduced(Theory and Practical)	Remark(Reason for dropping or reduce)
<b>UNIT 1:</b>	<b>INTRODUCTION TO BEAUTY AND EWLNESS INDUSTRY AND BEAUTY THERAPY</b>			
SESSION 1	Identify various career opportunities in the beauty sector	Identification of beauty and wellness sub-segments using illustrations and videos 2. Presentations on case studies of organizations providing beauty and wellness services		
SESSION 2	Identify different services in beauty therapy	Collection of pictures on different services used in beauty therapy and preparation of portfolio by the students		
SESSION 3	Prepare and maintain the work area	Demonstration on preparation and maintenance of work area 2. Filling up client record cards 3. Demonstration of preparing client for treatment 4. Demonstration of sterilization and disinfection of tools and equipment 5. Segregation and disposal of waste 6. Demonstration on storage of products, tools and equipment safely and at proper place		
SESSION 4	Maintain health and safety at workplace	Exercises on reading information on labels of beauty products 2. Identification of various areas to be cleaned sanitised and disinfected for maintaining hygienic conditions. 3. Preparation of status checklist for cleaning and safety of Beauty Parlour/Salon 4. Demonstrations on identification of contraindications of various beauty treatments 11. Study of fire safety and		
<b>UNIT 2:</b>	<b>MANICURE,PEDICURE AND MEHENDI</b>			

SESSION 1	Demonstrate the knowledge of hand,nail and feet.	Demonstration on identification of bones and muscles of hand and feet in pictures 2. Practical exercises on the location of bones on hand and foot		
SESSION 2	perform manicure services.	Demonstration on identification of nail shape, nail condition (texture, disease, etc.) 2. Demonstration on identification of contra-indications that restrict Manicure services 3. Demonstration on preparing client for manicure and pedicure services 4. Identification of products and tools suitable for carrying out manicure services		
SESSION 3	Perform pedicure services	1. Practical exercises on identification of nail shape and nail condition (texture, disease, etc.) 2. Identification of contra-indications that restrict Pedicure services. 3. Identification of bones and muscles of hand and feet 4. Demonstration on preparation of client for pedicure services 5. Identification of products and tools suitable to carry out the Pedicure services		
SESSION 4	Carry out application of simple mehendi designs	1. Demonstration for preparation of mehendi 2. Demonstration of simple mehendi designs 3. Identify various parts of the body commonly used for mehendi application 4. Preparation of tools and product for mehendi application- Mehendi cones, oils, etc. 5. Demonstration for mehendi removal after drying		
<b>UNIT 3</b>	<b>HAIR CARE</b>		UNIT -3 (HAIR CARE)	Reduce the unit-3 of 9th class because all the this hair care is repeated in the 10 the class
SESSION 1	Perform simple hair dressing services	dentification of different types of hair.2.Identification of hair texture.		
<b>SESSION 2</b>	Make common hairdos	1. Demonstration of hair do's using different accessories. 2. Carrying out hair styling on dummies.		